



**Age-Friendly Pine Island Action Plan
2026-2028**

December 2025

Age-Friendly Pine Island 2026-2028 Action Plan

Social Participation

| Key Activity | Possible Partners | Years | Metrics | Lead |
|---|---|------------------|---|-----------------------------|
| <u>Goal: To increase opportunities for social, educational and inter-generational activities.</u> | | | | |
| 1. Host "Tech Rescue" education and assistance sessions. | PIAHS, PI School District, Pine Island Senior Center, Pine Island Community Education | 2026, 2027, 2028 | # Tech sessions held; # of session attendees | Pine Island School District |
| 2. Expand educational and social programming offered at the Senior Citizen's Center. | PI School District, Pine Island Senior Center, Community Education, Center for Interactive Learning Collaboration, UM Extension | 2026, 2027, 2028 | # of new programs offered | AFPI |
| 3. Launch a Senior-to-Senior program between older adults and High School seniors. | AFPI, Pine Island School District | 2027-2028 | Programs held; # of seniors participating; evaluation results | AFPI |
| 4. Partner with teachers and students to develop project(s) involving older adults and increasing dementia awareness. | AFPI, Pine Island School District | 2025-2026 | Project(s) developed; evaluation results | AFPI |

Goal: To increase opportunities for older adults to feel connected with the community.

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| 5. Develop a Pine Island History project celebrating life experiences of local residents. (Recorded/YouTube) | AFPI, Pine Island School District, Van Horn Public Library, Pine Island American Legion, Pine Island Historical Society, PI Scouts | 2027 | # of recordings | Pine Island Historical Society |
| 6. Increase social engagement with homebound adults. (Library book delivery) | Three Rivers, Van Horn Public Library, Center Advisory Committee | 2028 | # of homebound adults served | Van Horn Public Library |

Communication & Information

| Key Activity | Partners | Years | Metrics | Lead |
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Goal: To improve awareness of and access to local resources for older adults.

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| 7. Promote PIAHS as the local resource to contact when older adults and their care partners need help. | AFPI | 2026, 2027,2028 | #PIAHS contacts made; #services rendered; #service gaps identified | PIAHS |
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| 8. Partner with PIAHS to create a resource guide that lists community resources for older adults and their care partners. | AFPI, Center Advisory Committee, PI Community Foundation | 2026, 2027 | Resource guide completed | Center Advisory Committee |
| 9. Conduct surveys to determine preferred methods of communication and/or barriers to participation in community events. | AFPI, Chamber of Commerce, PI Senior Center, PI Schools, City of Pine Island | 2027 | # surveys completed; results | PI Chamber |
| 10. Develop partnerships to promote Age-Friendly activities on social media. | AFPI, Chamber of Commerce, Lions Club, City of Pine Island, Legion, Odd Fellows, communities of faith, Senior Citizen's Center | 2026 | List of partnership organizations promoting Age-Friendly activities | AFPI |
| <u>Goal: To raise awareness of Pine Island emergency plans and services for all residents but especially older adults.</u> | | | | |
| 11. Meet with PI first responders to learn about situations they encounter where resource information could be of assistance. | AFPI, PIFD, Goodhue County Sheriff | 2027 | Meeting with PIFD; resource(s) identified; brochure created | AFPI |
| 12. Provide dementia awareness education for first responders | AFPI, Mayo ADRC | 2026, 2027 | Dementia awareness education provided | Mayo ADRC |
| 13. Offer presentation(s) to Pine Island residents including older adults on emergency preparedness plans. | PIFD, Olmsted County, Goodhue County, PIAHS, Pine Island Senior Center | 2026 (Spring) | Emergency preparedness presentation held; # of attendees | Olmsted County |

Health & Community Supports

| Key Activity | Partners | Years | Metrics | Lead |
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| <u>Goal: To improve health outcomes for older adults in our community.</u> | | | | |
| 14. Re-assess current service provider options/ resident needs based on initial key informant/ PIAHS surveys and new Action Plan services. | Goodhue Co, Three Rivers, PIFD, PI Senior Center, PI School, Elder Network, City of Pine Island | 2028 | Service option growth between 2024 and 2028 | AFPI |
| 15. Partner with Island Market to provide a grocery delivery service for older adults. | PIAHS, Pine Island Market, AFPI, Evergreen Place | 2026, 2027, 2028 | Grocery delivery option made available | PIAHS |
| 16. Host annual resource fair & volunteer recruitment event to increase service awareness and volunteer opportunities. | AFPI | 2027, 2028 | Resource fair event held; # of vendors; volunteers recruited | AFPI |

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| 17. Develop a program for solo agers and homebound adults to help monitor their safety and well-being. (Phone calls) | Center Advisory Committee, Semcac | 2028 | Solo ager program developed; # of participants | AFPI |
| 18. Develop a group respite program to support care partners in Pine Island. | Elder Network, AFOA | 2026 | Group respite option available | Elder Network |
| 19. Expand availability of chore, handyperson, home modification and in-home respite services. | AFPI, PIAHS, Three Rivers, Scouts, Elder Network, Goodhue County Habitat for Humanity, Family Service Rochester | 2026, 2027, 2028 | Chore, handyman, home modification & in-home respite available | AFPI |
| 20. Create a walking club. | Pine Island Community ED | 2026 | Club established; participant #s | Pine Island Community Ed |
| 21. Encourage PIAHS partner with Elder Network to offer Powerful Tools Caregiver class in Pine Island. | PIAHS, Elder Network | 2026, 2027, 2028 | Class offered; # participants | Elder Network |
| 22. Develop a fall prevention program for older adults receiving a lift-assist from Pine Island First Responders. | AFPI, PIFD, Olmsted Co., Goodhue Co., Dodge Co., SEMAAA, PIAHS, OMC, Rochester/Olmsted Fall Prevention Coalition, Goodhue Co. Sheriff | 2026, 2027, 2028 | Lift-assist fall prevention program developed; # of older adults served | PIFD |
| 23. Offer local fall prevention classes to help support continued independence of older adults and reduce injuries from unintentional falls. (MOB, Tai Ji Quan etc) | PIAHS, Catholic Charities, OMC, FSR, Three Rivers | 2026, 2027, 2028 | # classes held; # attendees | PIAHS |
| 24. Host 2-3 community information sessions on brain health and understanding dementia. | AFPI, Mayo ADRC, PI School District, PI Senior Center | 2026 | # classes held; # of attendees | Mayo ADRC |

Transportation

| Key Activity | Partners | Years | Metrics | Lead |
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Goal: Remove transportation barriers for older adults.

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| 25. Host a "Ride Awareness Day" to educate older adults on existing transit options. | AFPI, Three Rivers, Semcac | 2026 | Ride Awareness Day held; # options; # participants | AFPI |
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Goal: To ensure convenient, affordable and reliable transportation services for older adults.

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| 26. Advocate for better older adult transportation options in our community including regular local transit circuit routes and out of town options. | AFPI, Three Rivers, Semcac, MNDOT | 2027 | # advocacy activities | AFPI |
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Goal: To advocate for improved pedestrian safety for older adults.

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| 27. Support City of Pine Island's delivery of AFPI Main Street Walk Audit findings as part of Goodhue County's 2028 Main Street reconstruction project. | AFPI | 2026, 2027, 2028 | # City/County Mainstreet Reconstruction Meetings attended | City of Pine Island |
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| 28. Conduct 1-2 additional walk audits in support of future road improvement and development plans in Pine Island. | AFPI | 2027-2028 | # walk audits conducted; audit findings | AFPI |
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